

# **RISK MANAGEMENT AND INSURANCE**



### **BENEFIT NEWS**

### 2022 Annual Enrollment - Save the Date

Mark your Calendars! Annual enrollment dates for 2022 will be **October 13 - October 25, 2021**.

Employees may enroll, change, or cancel coverages. The PCS BENEFlex Annual enrollment material will be mailed to your home prior to Annual Enrollment. If you have moved recently, please verify your address to make sure it has been updated. It's important to have your correct address on file for you to receive annual enrollment information and benefit plan ID cards. PCS employees may update their address through the <u>PCS Employee Self-Service (ESS</u>) website.

More information to come in next week's update.

### WELLNESS NEWS

### **District Wellness Webinars**

Join the live District Wellness Webinars to learn about nutrition, EAP/emotional well-being, financial health and Limeade! PLN credits are available for certain live webinars. For details, the full list of webinars and recordings of past webinars, visit PCS Wellness District Campaigns. Upcoming Webinars: Adopting a Healthy Lifestyle – EAP – <u>Register</u> Mobile Banking – 5/3 Bank - <u>Register</u>

### WELLNESS NEWS

#### **Importance of Routine Wellness Exams**

By going to your doctor regularly, you can manage your health to prevent serious conditions from forming or detect conditions early. When detected early, treatments can be more effective and less expensive! Aetna members can use the <u>Aetna Provider Search</u> to look for in-network physicians. Visit <u>pcsb.org/benefits</u> for more information about your medical, dental, and vision benefits.

Limeade Points Available! All employees with the Aetna medical insurance through PCS can earn Limeade points for their 2021 preventative exams. To learn more about Limeade, visit <u>pcsb.org/limeade</u>.

#### **Employee Assistance Program - Are You Making a Difference?**

Mahatma Gandhi said, "The best way to find yourself is to lose yourself in service of others." So let's talk about making a difference in someone else's life. <u>This week's article</u> helps you discover your purpose in life, shows you how to start right where you are and explains how to use your skills to help others. It also talks about the many benefits you get from helping others.

Remember, the EAP is available 24/7 at **800-848-9392** to assist you with life coping skills.

## **EMPLOYEE DISCOUNTS**

#### **Pinellas County Schools Main Discount Page**

- <u>PerkSpot</u>: travel discounts, tickets & entertainment, local offers and so much more. Company code: PCSB
- <u>Tickets at Work</u>: exclusive discounts, special offers and much more. Company code: PCS
- Dell Semi-Annual Sale
- <u>Amalie Arena & Yuengling Center Events</u>